



## Key Numbers Report

Start Date 01 May 2017

End Date 31 May 2017



Participant	No. of Sessions	Duration(Hours & Mins)	Average Effort	Calories	MEPs
Nina	21	36:45	71	16459	5130
Chriss	31	25:44	73	13839	4126
SteveG	32	28:46	67	20592	4009
EllenS	29	38:36	62	13206	3991
BGE	20	26:16	68	20030	3918
Sarah	16	25:24	70	11638	3617
Danielle	21	25:50	67	11264	3525
Carlj	21	29:05	65	20368	3359
Gully	14	19:39	70	16052	2978
Sandy	23	41:16	58	19921	2945
TheWorm	17	23:20	66	9460	2926
KLN	16	19:42	68	14843	2891
Duncan	13	22:56	66	15591	2730
Helen	19	29:35	57	8248	2666
Charni	15	24:13	66	8937	2642
ClareT	8	29:00	63	8269	2567
Coops	10	21:02	67	13073	2540
KarenG	14	13:26	81	8357	2536
Kymber	18	25:31	62	5235	2495
JanieA	19	16:18	69	4563	2410
Emmap	21	24:21	60	9808	2360
Josh	16	18:43	65	13883	2316
MELB	16	13:52	72	5907	2203
ElizaT	16	17:05	65	6757	2184
AnneH	9	13:20	73	5802	2183
HSSK	14	11:57	75	7110	2079
GEM	24	21:09	62	7505	2029
AAnsell	14	12:57	70	6185	2009
Mayesy	14	18:36	62	9372	2001
LeyonJ	13	19:34	63	11962	1962
NickC	18	19:52	60	11345	1905
KatieC	14	11:36	69	6366	1849
AMCoop	9	19:21	59	6104	1824
JohnM	10	26:43	57	20242	1811
Kira	17	12:46	67	6485	1803
Phelps	10	12:01	67	6318	1708
Milly	15	15:30	62	6089	1680
Lorr	13	12:02	66	4889	1676
Marisa	9	13:34	64	5046	1655
Mich-H	8	09:25	73	4033	1581
KateG	9	10:46	70	5447	1508
Peneco	7	12:49	64	4779	1475
Participant	No. of	Duration(Hours & Mins)	Average Effort	Calories	MEPs



	Sessions				
Vic	8	07:09	79	4030	1471
Michael	11	09:04	70	6790	1408
Charlie	9	20:57	67	6023	1384
PaulN	8	10:05	66	6743	1346
Boo	9	08:12	71	3897	1323
Ktc	7	05:50	83	3006	1290
Louby	7	07:39	73	3326	1231
Brooke	6	06:39	76	5615	1207
MILLS	9	07:18	72	5730	1178
Paff	7	06:42	72	5653	1075
Alice	8	07:49	65	3561	1025
Ronnie	5	07:20	72	3388	1015
Barjack	6	10:39	61	3546	1007
SharoG	6	07:42	67	2707	1006
Chasbo	5	08:14	62	5463	991
Rich	6	05:08	76	4105	927
MatthG	8	06:27	65	4001	828
NickH	5	07:23	62	4213	729
Frissy	4	04:02	71	2033	640
KateKate	2	04:22	64	1786	483
LuisaA	2	03:04	61	827	321
MARK98	1	01:49	53	1065	94
Hannah	1	00:33	61	216	54