



## Key Numbers Report

Start Date 01 Apr 2017

End Date 30 Apr 2017



Participant	No. of Sessions	Duration(Hours & Mins)	Average Effort	Calories	MEPs
Danielle	24	35:49	66	15078	4638
Nina	18	22:45	77	12493	4195
Sandy	18	27:56	68	18802	3839
ClareT	11	49:24	59	13318	3736
LeyonJ	29	36:43	57	21389	3471
Carlj	16	22:17	67	18013	3388
Chriss	23	18:18	74	10382	3201
Charni	14	25:43	64	9815	3049
HSSK	21	16:08	76	9799	3027
GEM	21	30:11	63	10914	3026
Coops	12	25:19	66	15481	2942
KatieC	19	17:31	72	9752	2805
EllenS	22	22:30	65	8623	2802
BGE	19	21:39	64	15209	2767
SteveG	23	19:16	68	13795	2683
Josh	14	16:10	70	13344	2452
Lorr	13	15:24	72	6890	2451
Duncan	13	19:05	67	13487	2439
Emmap	19	20:16	65	9227	2363
KLN	12	14:47	69	11568	2322
TheWorm	14	20:25	63	7750	2292
MELB	17	16:17	67	6267	2256
Helen	17	26:36	57	7076	2235
AAnsell	12	12:32	72	6669	2203
Peneco	10	17:19	67	6596	2138
AMCoop	11	25:44	58	7597	2113
Kira	16	15:29	66	7460	2049
Chasbo	12	13:26	71	10425	2036
Boo	13	12:57	70	5964	1989
Michael	13	12:27	70	9394	1960
Sarah	6	16:58	66	6676	1895
RoseJ	6	13:37	69	6534	1895
KateG	11	12:38	69	6407	1857
Kymber	12	16:22	61	3677	1798
PaulN	10	11:45	69	8357	1750
SharoG	10	12:33	67	4467	1697
NickC	9	11:14	70	8098	1655
MILLS	11	09:58	72	7853	1623
ElizaT	11	11:29	67	5700	1591
Phelpsy	9	11:26	68	5957	1573
AnneH	9	11:13	68	4204	1514
JohnM	7	18:09	58	14342	1454
Participant	No. of	Duration(Hours & Mins)	Average Effort	Calories	MEPs



	Sessions				
Vic	8	07:56	76	4039	1430
Milly	13	13:16	61	4970	1405
Mayesy	17	14:00	60	6680	1398
Ronnie	8	07:59	72	4345	1318
Louby	8	07:05	78	3508	1315
BINA	8	11:13	64	4403	1305
Charlie	9	09:10	70	4310	1300
KarenG	8	06:36	80	4170	1275
Marisa	7	09:18	64	3561	1189
Barjack	10	11:47	62	3976	1176
Frissy	8	07:39	70	3805	1166
Paff	6	06:15	73	5384	1057
Mich-H	5	05:20	77	2524	1003
MatthG	6	06:13	71	4323	991
Rich	6	06:16	70	4239	909
NickH	6	07:14	66	4788	904
Brooke	4	04:22	75	3680	766
DanniP	5	05:09	69	2406	729
Nickb	4	04:11	72	3403	687
Ktc	3	02:26	82	1199	537
Gully	3	04:03	66	2947	518
Bsowel	2	02:41	69	1325	408
Kate S	2	02:06	73	878	364
Alice	2	01:59	76	1122	355
LuisaA	1	01:36	72	593	255
ChrisD	1	01:18	71	526	196
WATO	1	03:16	54	1546	194
Cathie	1	02:50	54	711	173
JanieA	1	01:13	66	345	170